

Action Teaches

You can't steer a parked car.

Get moving now and make course corrections as you go. Look forward to U-turns. It's easy to get so focused on forward progress that we set ourselves up for anguish when we have to take a few steps back. Getting lost is a great way to learn your way around—GPS can become a crutch.

If you're setting up a daily practice to move toward your vision, but the actions you're taking aren't leading you to where you want to go, you're still winning! First, you can feel good about your efforts. At least you're going somewhere. Take some pride in your practice.

Second, you can always take a few steps back and take a different approach. You can make this decision any time. It's never too late to take steps back and begin moving along a different path. Not only is this acceptable, it's to be expected—hell...celebrated!!!

I've never seen a good dancer that could only move forward.

Going backwards is not a lack of progress, it's part of the process. With goal setting, you're often faced with a *win-or-lose* scenario. By focusing on daily practices and habits, you're in a *win-or-learn* paradigm.

Mistakes are inevitable. So make them as soon as possible. You gotta get dirty. You gotta get bruised. **You don't learn as much in preparation as you do in practice.** You can't think or plan your way to experience. Until we can hook up our brains like Neo in the Matrix, we'll just have to keep learning the old fashioned way, through action.

Action: _____

Daily: _____





